



Jonah – Chapter 2

When You Hit Rock Bottom, Dial 911

Please watch the sermon video and read Jonah Chapter 2. Then use the questions below to begin your discussion of the message in your group. Pray and ask the Holy Spirit to give you an understanding of His Word.

Core Message:

God always hears our prayers. But it often takes “rock bottom” circumstances for us to hear His voice.

Helpful Information:

- Jonah’s prayer contains the elements typically found in psalms of thanksgiving:
 - Verse 2 – Recites how God answered his prayer for help
 - Verses 3-8 – Tells of Jonah’s crisis and God’s rescue
 - Verse 9 – Affirms Jonah’s vow of praise

Ice Breaker Question:

- Have you ever been caught in a bad storm? Tell your story to the group.

Discussion Questions:

- How does God normally get your attention? When or where is it easiest for you to listen to God?
- What were Jonah’s initial thoughts and feelings while inside the fish? How are our prayers different inside the fish than from the shore? What accounts for any differences?

- Compare Jonah 1:15 with 2:3? How did Jonah view his circumstances, God's control and His purposes?
- Take note of Jonah 2:6-7. Jonah is still inside the fish. What tense (past, present, future) is he writing in when he speaks of the answer to his prayer? What does that tell you about Jonah?
- Have you ever prayed or heard someone else pray, "Lord if you will just get me out of this mess, I will _____"? God hears our desperate cries, no doubt; and he answers those prayers. What keeps us from praying *before* we hit the bottom?

Thought Question:

- Where in your life are you desperate enough to pray for change? Can you pray in faith knowing that God is in control and can make a difference in your life?