

— *weekly* —  
**STUDY  
GUIDE**

## 100 HAPPY PEOPLE WEEK 6 // *Serve One Another*

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### *Introduction*

Welcome to week six of the 100 Happy People study. We know we are called to value others above ourselves, but what does this look like in practice? Serving a neighbor, co-worker, or friend is a visible sign that we value them. We treasure our time. So, how we spend our time indicates what is important to us.

In this guide you will find questions for your own personal study along with questions to discuss at a Bible study, neighborhood gathering, or at the dinner table with family and friends. Enjoy!

### *Personal Study*

#### **READ**

Read 1 Peter 4:8-11 and consider the questions below.

#### **CONSIDER**

1. Which example of service from this passage will you put into practice this week? When? For whom?

2. Acts of love have a way of healing old wounds. In what ways, have you witnessed love covering a multitude of sins?

## *Personal Study Continued...*

3. “Serve one another with whatever gift each of you has received.” What gifts do you feel God has given you that would benefit others?
  
4. The passage ends by saying that we do these things “so that God may be glorified in all things through Jesus Christ.” How have you seen God receive the glory through acts of service?

### **READ**

Read Luke 22:24-27 and consider the question below.

### **CONSIDER**

1. It's tempting to commit all of our time and talents towards building up our wealth, influence and prestige. Jesus spent his life doing the opposite, yet is arguably the most recognizable figure in human history? What would it look like for you to follow his example?
  
2. The disciples were shocked when Jesus (God in flesh) began to serve them (a group of social and religious bottom feeders.) What actions would incite the same reaction today?

### **PRAY**

Ask for awareness to see opportunities to serve people in your life. Ask that God would help you think of yourself less, and those around you more often. Pray that you would find ways to honor and value those that serve you, and even ways to serve them. Pray that God would work through the gifts he's given you. Ask him to help your motivation to be to glorifying him through everything you do.

# Group Study

## ICE BREAKER

Discuss this question as a group. Describe a time when you received incredible customer service? What made it stand out from other experiences?

Previously we learned two key truths:

1. We are to humbly value others above ourselves.
2. This is easier said than done.

Discuss the questions below with your group:

- What new insights or questions about happiness came to your mind over the last week?
- In what ways did you attempt to bring happiness to the people in your life? How did they respond? What worked? What did not?

## READ

Read Galatians 6:1-5 and discuss the questions below:

## DISCUSS

1. Hard times come upon nearly everyone. Sometimes it is a lost job, a strained relationship, a foreclosure or a prison sentence. Occasionally we are victims of hardship and other times we bring it upon ourselves. As a group, make list of practical ways to serve someone who is facing a hardship.
2. One of the great things about the Christian walk is that we are never alone. The church is a community where we support each other. What are some ways that this group could “bear each other’s burdens?”
3. Paul’s humbling words in verses 3-5 remind us that we are a product of the people who have invested in us. In other words, how many of us got to where we are purely of our own doing? As a group, discuss the different ways people shaped and molded you through humble service.

## READ

Read John 13:1-14 and discuss the questions below:

## DISCUSS

1. The house-servants at a dinner in biblical times were on the bottom of the social totem pole. They were given the disgusting task of washing the dirty feet of the desert-walking dinner guests. Feet-washing was a degrading and dishonoring task that was beneath the common person. In our society what would be its equivalent?
2. Who does the jobs in your life that you would hate to do? (Trash collector, accountant, schoolteacher, etc.) How can you lighten their load and express your gratitude to them this week?
3. Discuss ways to serve one another, help people in our community, or partner with a local non-profit.

## PRAY

Pray that God would help us to better serve each other, not only in physical action, but in guidance and pursuit of him. Pray for anyone in the group that is carrying a heavy burden. Thank God for the people he’s placed in our lives who have walked with us and served us. Pray that our eyes would be opened to any opportunity to serve people around us.