## **Families Feeding Families**

Partner with Oak Hills Church and Children's Hunger Fund (CHF) to provide much-needed food to families in our city, all in the name of Jesus!



#### **CHF Food Pak Boxes**

Pick-up / Drop-off
Oak Hills Church Pastoral Care Building
19619 IH-10 W | San Antonio, TX 78257
(Located across Summer Oaks from Crownridge Campus)
Every Tuesday, Wednesday, and Thursday | 10 AM-12 PM

### Pick-up

Pick up empty CHF Food Pak boxes (as many as you are able to fill) from outside the OHC Pastoral Care Center. Boxes are available every **Tuesday**, **Wednesday**, **and Thursday from 10 AM – 12 PM**.

### Shop

During your next trip to the grocery story, use the Packing List (included with CHF Box) to purchase items for boxes. Please follow this list, check expiration dates, and do not include any expired or perishable food items. See packing list below.

## Pack & Pray

Use the Packing Instructions (included with CHF Box) to pack items into boxes. Tape the bottom of the box and fill it with food items. Please do not tape the top of the box closed. CHF will check and close each box before distributing it. Pray for the family that will receive the box.

## **Drop-off**

Return fully packed boxes (do not tape top closed) to the OHC Pastoral Care Center during drop off times: **Tuesday, Wednesday, or Thursday from 10 AM – 12 PM.** If you are unable to fill the box for some reason, please return the unused box to us so that another person can use it.

## **Stay Safe**

Please follow all COVID-19 health and safety recommendations when dropping off boxes, which include wearing a face-covering and maintaining social distancing. Please place boxes on the cart located outside the front door.

## **Get Help**

If you are in need of food assistance yourself or know someone who is, please contact our OHC Care Center:

Phone: 210.698.4620 or 210.698.4624 Email: <a href="mailto:care@oakhillschurch.com">care@oakhillschurch.com</a>

#### **Contact Us**

If you have questions about the Families Feeding Families project, or Oak Hills Church local outreach opportunities, please email us at <a href="mailto:noemig@oakhillschurch.com">noemig@oakhillschurch.com</a>.

#### **Learn More**

Find out more about our partner! Visit the Children's Hunger Fund website at <a href="mailto:childrenshungerfund.org/project-food-pak">childrenshungerfund.org/project-food-pak</a>

# Project Food Pak Shopping List

2 bags of dried fruit (6 oz each)
1 bag of trail mix (11 oz)
1 box of granola bars (8.4 oz)
1 box of pasta (16 oz)
2 cans of chicken (10 oz each)
1 can of chicken broth (14 oz)
1 can of corn (14.5 oz)
1 can of green beans (14.5 oz)
1 can of peaches (15.25 oz)
☐ 1 can of pears (15.25 oz)
2 cans of tuna (10 oz each)
1 can of refried beans (16 oz)
1 jar of peanut butter (18 oz)
2 bags of pinto beans (16 oz each)
2 cans of tomato sauce (8 oz each)
SUBSTITUTES:
1 bag of beef jerky (3 oz)
1 can of nuts (12 oz)