



# Reading Plan

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Fill your hearts and minds with the Word of God to discern what is right and true. Read from the Book of Psalms each week to be fully equipped to follow Jesus moment by moment.

## Week 1

**Day 1:** [Psalms 1-8](#)

**Day 2:** [Psalms 9-14](#)

**Day 3:** [Psalms 15-18](#)

**Day 4:** [Psalms 19-23](#)

**Day 5:** [Psalms 24-29](#)

**Day 6:** [Psalms 30-34](#)

**Day 7:** Day for reflection

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## Week 2

**Day 1:** [Psalms 35-37](#)

**Day 2:** [Psalms 38-43](#)

**Day 3:** [Psalms 44-49](#)

**Day 4:** [Psalms 50-55](#)

**Day 5:** [Psalms 56-61](#)

**Day 6:** [Psalms 62-67](#)

**Day 7:** Day for reflection

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## Week 3

**Day 1:** [Psalms 68-70](#)

**Day 2:** [Psalms 71-74](#)

**Day 3:** [Psalms 75-78](#)

**Day 4:** [Psalms 79-85](#)

**Day 5:** [Psalms 86-89](#)

**Day 6:** [Psalms 90-94](#)

**Day 7:** Day of reflection

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## Week 4

**Day 1:** [Psalms 95-101](#)

**Day 2:** [Psalms 102-104](#)

**Day 3:** [Psalms 105-106](#)

**Day 4:** [Psalms 107-109](#)

**Day 5:** [Psalms 110-115](#)

**Day 6:** [Psalms 116, 117, 118, 119:1-32](#)

**Day 7:** Day for reflection

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## Week 5

**Day 1:** [Psalms 119:33-104](#)

**Day 2:** [Psalms 119:105-176](#)

**Day 3:** [Psalms 120-131](#)

**Day 4:** [Psalms 132-138](#)

**Day 5:** [Psalms 139-143](#)

**Day 6:** [Psalms 144-150](#)

**Day 7:** Day for reflection